

TRICK



OR TREAT

Trick your body by attending 15 Group Exercise classes & Treat your body by receiving one free month!



* Instructor signature required

* Offer Valid: 10/1-10/31



PRIMED 2MOVE



ZUMBA



STRENGTH FLOW



SILVER AQUATICS



BEGINNER YOGA



WILD CARD WORKOUT



SILVER CARDIO MIX



HAPPY HOUR YOGA



BANG POWER DANCE



WAKE UP AND SHAPE UP



AQUA DANCE



HARD CORE



SILVER STRENGTH



PILATES



X EFFECT